

*Caregivers, we can help you find and fund extracurricular activities for your kids now, summer, and year-round. There's some information below on stables that offer horseback lessons and on Kindermusik. Both activities have proven to be good for kids in many ways. Please consider them for the children and teens in your care.*

## Horseback Riding

These are stables that we've been told about by people who know about them. Still, you'll want to check them out to be sure they fit your child's needs and your logistics.

**Anne Springs Close Greenway** Headquarters 250 Dairy Barn Lane, PO Box 1209, Fort Mill, SC 29716; Recreation Complex on the Greenway, 971 Tom Hall Street, same address otherwise.

<http://www.ascgreenway.org/> (803) 547-4575

Riding lessons from \$35 an hour. Equine camp, among other summer opportunities.

**Dark Horse Savvy Center** 909 Broadway School Road, Belton, SC 29627

<http://www.darkhorseequestrian.com/> (864) 444-4549 Email [Bekah@darkhorseequestrian.com](mailto:Bekah@darkhorseequestrian.com)

Lessons starting at \$30. Welcomes foster children, siblings, caregivers.

**Dream Riders 156 Sandy Hill Road, Lexington, SC 29072**

<http://www.dreamrider.org/> (803) 957-7906

Call to inquire about therapeutic riding lessons.

**Fleet Equestrian Center, LLC** 2142 Hicklin Bridge Road, Edgemoor, SC 29712

[fec2014@outlook.com](mailto:fec2014@outlook.com) (email is the best form of contact for a quick response) cell phone (803) 517-4563. [www.fleetequestriancenter.com](http://www.fleetequestriancenter.com) Also lists phone number (803) 628-7917

Therapeutic riding \$25 a private session for beginner. Other prices depending on how many riders involved, teacher, and length of session.

**Foothills Equestrian Nature Center (FENCE)** 3381 Hunting Country Road, Tryon, NC 28782

<http://www.fence.org/trot> (828) 859-9021

TROT (Therapeutic Riding of Tryon) \$250 for 10-lesson mounted session and \$100 for 10-lesson unmounted session. Financial assistance may be available.

**Gypsy's Gait** 1840 Beamguard Road, Clover, SC 29710

[www.gypsysgait.com](http://www.gypsysgait.com) (704) 718-2017 Email [Olivia.beamguard@clover.k12.sc.us](mailto:Olivia.beamguard@clover.k12.sc.us)

Lessons \$20-35, depending on length and whether group or private. Therapeutic riding is offered.

**Horse "N" Around** 2503 N. Rocky River Road, Lancaster, SC 29720

[www.horsenarroundtrc.org](http://www.horsenarroundtrc.org) (704) 641-2146

Therapeutic riding \$35 a session (30 minutes on horse after grooming and prepping)

**Ladies That Lead** PO Box 256, Swansea, SC 29160

[www.ladiesthatlead.org](http://www.ladiesthatlead.org) (803) 206-7097 Email [info@ladiesthatlead.org](mailto:info@ladiesthatlead.org)

Offers Leadership through Equine Assisted Development (LEAD) and mentoring program for foster girls.

Below are links to listings of stables. We aren't endorsing them, just sharing the Web addresses. You'll need to check them out carefully before making any decisions about using them.

<http://www.dreamrider.org/quicklinks.htm>

<http://www.equinenow.com/southcarolinalessons.htm>

## Kindermusik

Kindermusik is a program of music and movement. Its benefits have been proven to help children in all phases of development. Go to <http://www.kindermusik.com/about/benefits-of-music-for-children/> to read about this great program and find a class near you.